



Sacred Heart Parish, North Albury, pays respect to the Wiradjuri people, the traditional custodians of the land on which we gather to celebrate our faith and worship God. We acknowledge with respect elders past, present and emerging.

Nineteenth Sunday in Ordinary Time 10/11 August 2024

Sacred Heart Parish is a Child Safe Community. We promote the safety, wellbeing and inclusion of all and a zero tolerance to child abuse.

Parish Clergy:

Fr Martin Cruickshank—Parish Priest

Fr Prasanth Mary Das—Priest in Residence

Parish Office 9am-2pm

Fran Kernaghan—Monday, Wednesday & Friday

Phone: 02 6025 1516

Email: sacredheartna@gmail.com

Web: <http://sacredheartnorthalbury.com>

Bank A/c Details for Parishioners wishing to Direct Deposit into our **Church A/c (2nd Collect)**

BSB: 066 789; **A/c No:** 10000 5574;

Ref No: Name # Please contact Office for a number

Presbytery A/c **BSB:** 066 789; **A/c No:** 10000 5575

Safeguarding Children & Vulnerable People:

<https://wagga.catholic.org.au/safeguarding-children>

Mass Times

SATURDAY VIGIL: 6.00 pm

SUNDAY: 9.30 am

Live-streaming on Sunday 9.30 am Mass by accessing our website

WEEKDAY MASSES: This Week:

Wednesday & Friday 9.30am

Thursday 15 August—Feast of Assumption of Mary 9.30am

RECONCILIATION: SATURDAY: 5.15 PM-5.45 PM

BAPTISMS—By appointment.

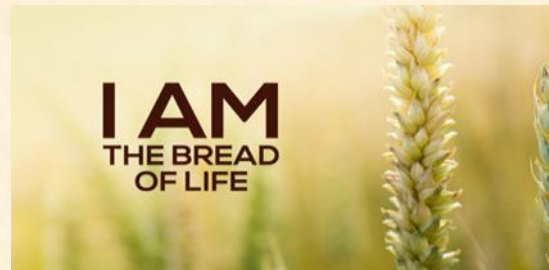
CHILDRENS LITURGY:

Children's liturgy is offered in Sacred Heart parish community each second and fourth Sunday at 9.30am mass during school terms.

BIBLE STUDY GROUP

Our parish bible study group continues every second and fourth Wednesday of the month at 7.00pm in the parish hall.

Reflection—Nineteenth Sunday of the Year



The **Psalmist** invites us to 'Taste and see that the Lord is good'. We, too, can sing our praises to the Lord, who always hears when we call out to him and frees us from our fears.

In the **First Reading**, God hears Elijah as he cries out, despondent and wanting to give up. God reaches out to him through an angel, who offers food and water and encourages him to eat. This sustains Elijah, giving him the strength to continue his journey.

Similarly, Jesus desires to sustain us in our journey. In the **Gospel**, he reveals himself to the complaining Jews – and to us – as the 'bread of life'. To those who are willing to be drawn to him, Jesus desires to be our comfort, our nourishment, our joy and our strength. He feeds us through our faith and our trust in him. The bread that he offers, his own body and way of life, gives life forever.

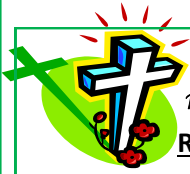
St Paul (**Second Reading**) reminds us that we are beloved children of God, and urges us to follow Christ's example of being kind and compassionate, readily showing forgiveness to one another.

Let's pray always to be open to God's tender care, and to savour the goodness he gives in our lives.

CHANGE TO MATE STREET CAR PARKING

At our request the Albury City Council has placed a **NO STANDING** sign on the North side of the Mate Street car park entrance (one space). Please observe the restriction otherwise you may be fined!

Parish Community



We pray for those who have gone before us marked with the sign of faith especially:

RECENTLY DECEASED: Cath Breen, Graeme McMaster, Mark Hopper, Helen Gesterkamp, Jim Sandral, Ken Shanahan, Keith Hodge, Christine Murphy, John O'Keeffe, Beryl Kelly, Constance Roper, Patsy Marshall.

ANNIVERSARIES: William Angus, Patrice Peters, Fr Terence Mahedy, Bruce Duck, Lachlan Fitchett, Josephine Carter, Margaret O'Rourke, Alan Whitty, Jim Boadle, Jacqueline Plant, Jack Parker, Peter Yensch, Cecil Webster, John Miles, Bob & Clare Matthews, Jack Yensch, Thelma Walsh, Mgrs Michael Lane, Patricia Steward, Violet McLaughlan, Elizabeth Jacobs, Charlie Kramer, Patrick Roche, Lila O'Leary, Ellen Johnstone, May Hudson.
Gather our loved ones into your arms. Quiet our doubt and anger and send us your healing grace. Through Christ our Lord.



This week we welcome into the community of the Christian church through the sacrament of Baptism:

Jake William Enscoe son of
Lachlan and Kirsty

Perri Rose and Stella Eleanor Haberecht
children of William and Hannah.

ROSTERS

Sat / Sun: 10th / 11th August

Ministry	Vigil	9.30am
Commentator	Jan Skinner	Margy Brown
Lector 1	Commitment Mass	Commitment Mass
Lector 2		
Eucharistic Ministers	Damian Carroll Kaye Deanshaw	Sue Betts Fran Kernaghan Volunteer
Cantor	Brian Waters/John van Lint	Bob Mathews
Musicians	Judy Foley	Val Hayes
Counters: Margaret Brown & Moira Porta		

Sat / Sun: 17th / 18th August

Ministry	Vigil	9.30am
Commentator	Justin Clancy	Sr Carina Morton
Lector 1	Xavier Clancy	Yvonne Thompson
Lector 2	Shinead Kilroy	Stuart Thompson
Eucharistic Ministers	Pauline Mulquiney Anna Farrell	Eamonn Buckley Mercedes Goss Marisa Hart
Cantor	Lachlan McIntyre	Bernadette, Helen &
Musicians	Judy Foley	Wendy
Counters: Anne Gordes & Lorraine Willis		

Thought for the Week (Pope Francis):

"This Spirit acts with strength within us, within all people and during one's whole life. When we receive him in our hearts, Christ makes himself present and takes shape in our lives."

Prayer for those Preparing for First Holy Communion

We pray for all those children who are preparing to receive the sacrament of First Communion. Please bless them with wisdom and strength as they prepare to grow in their faith.

We ask that you give them a thirst for knowledge, so that they may learn all that they can about your love and grace.

We pray that you would help them to become more like you: loving, forgiving, and compassionate.

Give them courage to face whatever challenges come their way, and grant them the desire to share your love with those around them.

Be present with their parents as they accompany them on this journey. Help us all to appreciate the sacrament of the Eucharist in our lives and to be strengthened as we continue our journey to be the presence of Jesus to all whom we meet. We ask this through Christ our Lord. Amen



Parish News

First Holy Communion

First Holy Communion will be celebrated in the parish of Sacred Heart North Albury over the weekend of Saturday 7 September at 6.00pm & Sunday 8 September at 9.30am. Our commitment masses will be held over the weekend of Saturday 10 August at 6.00pm & Sunday 11 August at 9.30am.

The Eucharist is essential for us: it is Christ who wishes to enter our lives and fill us with his grace. (Pope Francis)
The word Eucharist means thanksgiving. Make a list of all the things you give thanks for in your life, the life of your family, the life of our parish community. Is the Eucharist significant in my life? How do I show this? When am I Eucharist for others?

First Eucharist Commitment Prayers.

Candidates Commitment:

Dear Jesus, I really want to receive you in the Sacrament of the Eucharist. I ask you to help me during our special preparation time, to be more like the person You want me to be. When you come to me in Holy Communion, you will be with me more fully in a special way, sharing your life and love with me. Amen

Parents Commitment:

We will continue to support our child on their journey of faith, which began at Baptism. Lord, help us to give our child an example of Christian living, and help us to pass on to our family the importance of the celebration of the Eucharist. Amen

Parish Community's Commitment:

As the parish community of Sacred Heart we commit ourselves to supporting these children on their faith journey in prayer and by being visible signs of the life giving presence of Jesus Christ in our world. Amen

Albury Wodonga Christian Prayer Breakfast

Wednesday 21 August.

Albury Entertainment Centre, 525 Swift Street, Albury.

Time: 7.00am; Tickets \$30 each or table of 10 \$275.

Email: contact@awpb.com.au

Bookings: www.awpb.com.au

Guest Speaker: Susannah McFarlane—Bible Society Chief Publisher and children's book author.

Topic: Bringing Home the Prodigals.

Bible Study Group

Continues this Wednesday 14 August at 7.00pm in the parish hall. All welcome.

Footy Tipping Comp Ladder: (End Round 21)

121: Richard Power, Fr Martin; **119:** Coyle Family; **118:** Carey Family; **117:** Matty Boyd, Carmel Butts, Val Hayes; **116:** Richard Hickey, Kay Locke; **115:** Brian Butts; **114:** Chrissie & Ray Trebilcock; **113:** Judy Lindsay, O'Keefe Family, Bede Hart, Liz Phegan, Brian Millgate; **112:** Wendy Glazebrook, Liz Jones; **111:** Eamonn Buckley, Joan Moylan; **110:** John Dowling, Judy Warren; **109:** Cathy Nyhan; **107:** Genny Green, Joseph Kipper; **106:** Kansas Michael, Clancy Family; **103:** Denis Shirley, Les Murray.
Bonus point returns for anyone who chooses all 9.

Mercy Health Albury– Grief Awareness Seminar

Mercy Health Albury are proudly hosting a Grief Awareness half-day seminar entitled; 'The Changing Colours of Grief – Tools for Growth'. Come and join us for an informative seminar where we will discover practical tools and strategies to navigate the complexities of grief while embracing the transformative power it holds.

This in-person gathering will be held at the Commercial Club 'Waratah Room' 618 Dean Street, Albury on Thursday 29th August, 2024 check in time 8:30am for 9:00am start to 12.30pm. Cost \$20 (including Morning Tea).

See flyers on church billboards. To register simply click on this link [Register here](#) which will take you to the 'Eventbrite' website and follow the prompts. Alternatively you can scan the QR Code attached to the flyer. You do have an option to register via email MEwright@mercy.com.au if you are wanting to pay cash on the day or phone Michelle on **6042 1459**. Please ensure that you register before the cut-off date of 22/8/24.

Presenters: [Wendy Goy](#)—Language of Grief, Cultural differences. [Naomi Mason](#)—Debunking Myths, Creative Expression of Grief. [Heather Hillas](#)—Anticipatory Grief, Sudden Grief & Resilience.

Parish Pastoral Council News

The Parish Pastoral Council is exploring the possibility of holding Lunch on Christmas Day 2024 in our Parish Hall. The lunch would be open to all parishioners, especially those who find themselves alone this day. A member of the pastoral council will address our parish community during masses this weekend on the nature of this initiative.

At this stage we are seeking to attain expressions of interest so that the viability of holding such a function can be determined.

If you are interested in the possibility of gathering in the hall on Christmas Day for lunch please add your name to the list on the table at the church entrance. If you wish to remain anonymous, simply include a tick (✓). If transport required, please write (T).

Alternatively, you can contact us by email or phone during office hours.

Return of Parish Collections

By popular request we return to the pre-covid method of arranging collections during our celebration of Eucharist on a weekend.

Both collections (1st & 2nd) take place at the end of the Prayers of the Faithful before the Offertory Procession. Therefore, we will need 4 volunteers to take up the collection at each mass.

St Mary of the Cross MacKillop Prayer

Ever generous God, you inspired Saint Mary Mackillop to live her life faithful to the Gospel of Jesus Christ and constant in bringing hope and encouragement to those who were disheartened, lonely or needy.

With confidence in your generous providence and joining with Saint Mary Mackillop we ask that our faith and hope be fired afresh by the Holy Spirit so that we too, like Mary Mackillop, may live with courage, trust and openness.

Ever generous God, hear our prayer.

Liturgy of the Word

First Reading from the first book of Kings

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God. The word of the Lord.

Responsorial Psalm 33:2-9

(When the Psalm is sung, the words will vary slightly but the meaning remains the same.)

Response: Taste and see the goodness of the Lord.

I will bless the Lord at all times,
His praise always on my lips:
In the Lord my soul shall make its boast.
The humble shall hear and be glad. **R.**

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. **R.**

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. **R.**

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. **R.**

A reading from the letter of St Paul to the Ephesians 4: 30– 5: 2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anyone, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other readily as God forgave you in Christ. Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God. The word of the Lord

Gospel Acclamation:

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.

Alleluia!

A reading from the holy Gospel according to John 6: 41–51

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph,' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless they are drawn by the Father who sent me, and I will raise them up on the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anyone has seen the Father, except the one who comes from God: He has seen the Father.

I tell you most solemnly, everybody who believes has eternal life.

I am the bread of life. Your forebears ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that someone may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' The Gospel of the Lord.