



Sacred Heart Parish, North Albury, pays respect to the Wiradjuri people, the traditional custodians of the land on which we gather to celebrate our faith and worship God. We acknowledge with respect elders past, present and emerging.

Eighteenth Sunday in Ordinary Time 3/4 August 2024

Sacred Heart Parish is a Child Safe Community. We promote the safety, wellbeing and inclusion of all and a zero tolerance to child abuse.

Parish Clergy:

Fr Martin Cruickshank—Parish Priest

Parish Office 9am-2pm

Fran Kernaghan—Monday, Wednesday & Friday

Phone: 02 6025 1516

Email: sacredheartna@gmail.com

Web: <http://sacredheartnorthalbury.com>

Bank A/c Details for Parishioners wishing to Direct Deposit into our **Church A/c** (2nd Collect)

BSB: 066 789; **A/c No:** 10000 5574;

Ref No: Name # Please contact Office for a number

Presbytery A/c **BSB:** 066 789; **A/c No:** 10000 5575

Safeguarding Children & Vulnerable People:

<https://wagga.catholic.org.au/safeguarding-children-vulnerable-people/>

Mass Times

SATURDAY VIGIL: 6.00 pm

SUNDAY: 9.30 am

Live-streaming on Sunday 9.30 am Mass by accessing our website

WEEKDAY MASSES: This Week:

Tuesday (6 August) Mass of Anointing, Mercy Place Chapel 2.00pm

Wednesday (7 August) 9.30am

Thursday (8 August) Feast of Mary Mackillop 9.30am

Friday (9 August) 9.30am

RECONCILIATION: SATURDAY: 5.15 PM-5.45 PM

BAPTISMS—By appointment.

CHILDRENS LITURGY:

Children's liturgy is offered in Sacred Heart parish community each second and fourth Sunday at 9.30am mass during school terms.

BIBLE STUDY GROUP

Our parish bible study group continues every second and fourth Wednesday of the month at 7.00pm in the parish hall.

Reflection—Eighteenth Sunday of the Year

The liturgy for this Sunday builds on the theme of Eucharistic Communion that we began to explore last week in St John's Gospel. Today, we are invited to be transformed by the Bread of Life, made flesh in Jesus, and present in the word of God.

The **First Reading** tells how the people of Israel were grumbling about the painful new life they were living in the desert. God heard their cry, and gave them all that they needed to survive. With the Psalmist, we celebrate how the Israelites were fed in the desert.

St Paul (**Second Reading**) nevertheless calls the Christian community in Ephesus to adopt a completely new way of life, with a more radical understanding of God's loving providence. The true abundance of God's love for us is not to be found by focusing on our material needs; instead, it is found in the goodness and holiness of the Gospel truth.

In the **Gospel**, Jesus challenges us: he doesn't want followers who are just looking for material security and a guarantee of plenty of food to eat. Following Jesus requires a more radical response. Our true spiritual food isn't manna from heaven; rather it is to be found in a personal encounter with the risen Christ, the Bread of Life and truth eternal.

As we pray with this week's scripture, let us ask for a spirit of complete transformation and renewal in ourselves, and in our faith communities. May we have the grace to remain sustained by the life-giving word of God.

CHANGE TO MATE STREET CAR PARKING

At our request the Albury City Council has placed a **NO STANDING** sign on the North side of the Mate Street car park entrance (one space). Please observe the restriction otherwise you may be fined!

Parish Community



We pray for those who have gone before us marked with the sign of faith especially:

RECENTLY DECEASED: Graeme McMaster, Mark Hopper, Sylvia Bilson, Thomas Smyth, Greg Gwynne, Helen Gesterkamp, Jim Sandral, Ken Shanahan, Keith Hodge, Christine Murphy, John O’Keeffe, Beryl Kelly, Constance Roper, Patsy Marshall.

ANNIVERSARIES: William Angus, Frank Martin, Patrice Peters, Fr Terence Mahedy, Bruce Duck, Lachlan Fitchett, Josephine Carter, Margaret O’Rourke, Alan Whitty, Jim Boadle, Jacqueline Plant, Jack Parker, Peter Yensch, Cecil Webster, John Miles, Bob & Clare Matthews, Jack Yensch, Thelma Walsh, Mgrs Michael Lane, Patricia Steward, Violet McLaughlan, Elizabeth Jacobs, Charlie Kramer, Patrick Roche, Lila O’Leary, Ellen Johnstone, May Hudson.

Gather our loved ones into your arms. Quiet our doubt and anger and send us your healing grace. Through Christ our Lord.

Prayer for the Sick

We pray for all those who are sick. May they draw strength and healing from God’s presence with them and from our prayers and thoughts for them.

May they have peace in their hearts and know they are greatly loved by all.

We offer our prayers believing that God’s presence and power can do more than we can ever know. Amen

ROSTERS

Sat / Sun: 3rd / 4th August

Ministry	Vigil	9.30am
Commentator	Nicole Morton	Bede Hart
Lector 1	Adrian Mitchelhill	Roy Thompson
Lector 2	Jan Skinner	Bethany Carey
Eucharistic Ministers	Pat Hopkins Colleen Day	Sr Siony Trish Parkinson Moira Porta
Cantor	Judy Lindsay	Margie & Ed Brown
Musicians	Val Hayes	
Counters: Diane & Greg Bartsch		

Sat / Sun: 10th / 11th August

Ministry	Vigil	9.30am
Commentator	Jan Skinner	Margy Brown
Lector 1	Colleen Day	Ed Brown
Lector 2	Michael Byrnes	Volunteer
Eucharistic Ministers	Damian Carroll Kaye Deanshaw	Sue Betts Dianne Treacy Volunteer
Cantor	Brian Waters/John van Lint	Bob Mathews
Musicians	Judy Foley	Val Hayes
Counters: Margaret Brown & Moira Porta		

Thought for the Week (Pope Francis):

“We must restore hope to young people, help the old, be open to the future, spread love. Be poor among the poor. We need to include the excluded and preach peace. We will never be disillusioned or lose our way if we are guided by God.”

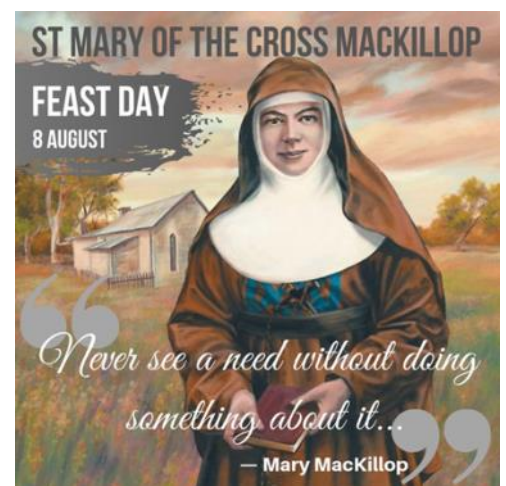
The Feast of Mary Mackillop, Australia—first canonized Saint occurs this Thursday 8 August

Included is a prayer that you might like to use during the coming week.

Ever generous God, you inspired Saint Mary Mackillop to live her life faithful to the Gospel of Jesus Christ and constant in bringing hope and encouragement to those who were disheartened, lonely or needy.

With confidence in your generous providence and joining with Saint Mary Mackillop we ask that our faith and hope be fired afresh by the Holy Spirit so that we too, like Mary Mackillop, may live with courage, trust and openness.

Ever generous God, hear our prayer.



Parish News

First Holy Communion

First Holy Communion will be celebrated in the parish of Sacred Heart North Albury over the weekend of Saturday 7 September at 6.00pm & Sunday 8 September at 9.30am. Our commitment masses will be held over the weekend of Saturday 10 August at 6.00pm & Sunday 11 August at 9.30am.

Parents of children not attending St. Anne's Primary School (Year 4 and beyond) who wish for their child to make their First Holy Communion at Sacred Heart are asked to contact the Parish Office by phone or email as soon as possible so that appropriate preparation can be organised.

The Eucharist is essential for us: it is Christ who wishes to enter our lives and fill us with his grace. (Pope Francis)

The word Eucharist means thanksgiving. Make a list of all the things you give thanks for in your life, the life of your family, the life of our parish community. Is the Eucharist significant in my life? How do I show this? How do I show this? When am I Eucharist for others?

You are encouraged to support our children preparing for First Eucharist in prayer and by attending one of our Commitment Masses and the big celebrations on the weekend 7/8 September.

Fr Prasanth Mary Das

Thanks to our parish community for welcoming Fr Prasanth during his stay with us.

At this stage Fr Prasanth is considering adopting Carlton Blues as his AFL team but is open to alternative options!

MEN'S BREAKFAST—Lavington & North Albury

On Saturday 10 August in the Sacred Heart Hall, North Albury from 7.45am. Cost: donation. Funds raised to support Religious Education in State Schools.

Eng: Kip **0417 669 717** or asleeper@bigpond.com

Footy Tipping Comp Ladder: (End Round 20)

115: Richard Power; **114:** Fr Martin; **112:** Coyle Family, Matty Boyd; **111:** Carey Family, Carmel Butts, Val Hayes, Kay Locke; **110:** Brian Butts, Richard Hickey; **109:** Bede Hart, Chrissie & Ray Trebilcock; **108:** Judy Lindsay, O'Keefe Family; **107:** Wendy Glazebrook, Brian Millgate; **106:** Judy Warren, Liz Jones, Liz Phegan, John Dowling, Joan Moylan; **103:** Eamonn Buckley, **102:** Genny Green, Joseph Kipper, Cathy Nyhan, Kansas Michael; **101:** Clancy Family; **97:** Les Murray; **95:** Denis Shirley. **Bonus point returns for anyone who chooses all 9 winners.**

Albury Wodonga Christian Prayer Breakfast

Wednesday 21 August.

Albury Entertainment Centre, 525 Swift Street, Albury.

Time: 7.00am; Tickets \$30 each or table of 10 \$275.

Email: contact@awpb.com.au

Bookings: www.awpb.com.au

Guest Speaker: Susannah McFarlane—Bible Society Chief Publisher and children's book author.

Topic: Bringing Home the Prodigals.

Parish Pastoral Council News

The Parish Pastoral Council is exploring the possibility of holding Lunch on Christmas Day 2024 in our Parish Hall. The lunch would be open to all parishioners, especially those who find themselves alone this day. A member of the pastoral council will address our parish community during masses this weekend on the nature of this initiative.

At this stage we are seeking to attain expressions of interest so that the viability of holding such a function can be determined.

If you are interested in the possibility of gathering in the hall on Christmas Day for lunch please add your name to the list on the table at the church entrance. If you wish to remain anonymous, simply include a tick (✓). If transport required, please write (T).

Alternatively, you can contact us by email or phone during office hours.

Mercy Night-Friday 9 August, St Patrick's Church-7.30pm

After the great success of our last Mercy night, the Emmanuel Community will again be hosting another evening to encounter God's Mercy through Adoration, Confession, a testimony and prayer. This event is open to all people wanting to grow closer to the Lord—or those who want to encounter the Lord for the first time. See flyer in the church. Enquiries: Annie 0427 371 122.

Spirit Weavers Spirituality Day 'A New Heart I Will Give You'

You are invited to attend on Saturday 10 August—10.00am—3.00pm. Xavier High School, Fallon St Albury. Presenter: Dr Sandie Cornish. Sandie is a senior lecturer at ACU, specialising in Catholic Social Teaching. Cost: \$20.

Contact: Christine Savage on **0429 643 353**.

Registration: <https://forms.gle/tGm3CvzUxxLTw9qp6> OR
Email: spiritweaverswagga@gmail.com

Parish Morning Tea

Morning tea is this Sunday at the conclusion of our celebration of Eucharist. All welcome.

ON KEY 4 KIDS COUNTRY HOPE—RAFFLE TICKETS AVAILABLE

A local organization dedicated to helping families who have children with cancer and other life-threatening illnesses. See Celeste Walsh at back of church who is selling raffle tickets and find out more about this worthy cause.

Parish Alpha Program

Given such a positive response from our Alpha guests we plan to meet regularly on a monthly basis. Our Alpha program was completed last term and we decided to gather on the first Tuesday of each month. This coming **Tuesday 6 August** we will meet in the parish hall at 10.30am.

Return of Parish Collections

By popular request we return to the pre-covid method of arranging collections during our celebration of Eucharist on a weekend.

Both collections (1st & 2nd) take place at the end of the Prayers of the Faithful before the Offertory Procession. Therefore, we will need 4 volunteers to take up the collection at each mass.

Liturgy of the Word

First Reading: Book of Exodus

The whole community of the sons of Israel complained against Moses and Aaron and said, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death! 'Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion. I propose to test them in this way to see whether they will follow my law or not. I have heard their complaints. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When it lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That', said Moses to them, 'is the bread the Lord gives you to eat.' The word of the Lord

Responsorial Psalm 117

(When the Psalm is sung, the words will vary slightly but the meaning remains the same.)

Response: The Lord gave them bread from heaven

The things we have heard and understood,
the things our fathers have told us,
we will tell to the next generation:
the glories of the Lord and his might. **R**

He commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven. **R**

Mere men ate the bread of angels.
He sent then abundance of food.
He brought them to his holy land,
to the mountains which his right hand had
won. **R**

A reading from the letter of St Paul to the Ephesians 4:17, 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

Gospel Acclamation:

Alleluia, alleluia!

No one lives on bread alone,
but on every word that comes from the mouth of God.

Alleluia!

A reading from the holy Gospel according to John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. They said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent'. So they said, 'What sign will you give us to show that we should believe in you? What work will you do? Our fathers had manna to eat in the desert: as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world'. 'Sir,' they said, 'give us that bread always.' Jesus answered: 'I am the Bread of Life. The one who comes to me will never be hungry; the one who believes in me will never thirst.'

The Gospel of the Lord.