



330 Swan Street
North Albury
NSW 2640
02 6025 1516
www.sacredheartnorthalbury.com

Sacred Heart Parish, North Albury, pays respect to the Wiradjuri people, the traditional custodians of the land on which we gather to celebrate our faith and worship God. We acknowledge with respect elders past, present and emerging.

Fourth Sunday of Lent 9/10 March 2024

Sacred Heart Parish is a Child Safe Community. We promote the safety, wellbeing and inclusion of all and a zero tolerance to child abuse.

Parish Clergy:

Fr Martin Cruickshank—Parish Priest

Parish Office 9am-2pm

Gemma Whitehead—Monday

Fran Kernaghan—Wednesday & Friday

Phone: 02 6025 1516

Email: sacredheartna@gmail.com

Web: <http://sacredheartnorthalbury.com>

Bank A/c Details for Parishioners wishing to Direct Deposit into our **Church A/c (2nd Collect)**

BSB: 066 789; A/c No: 10000 5574;

Ref No: Name # Please contact Office for a number

Presbytery A/c BSB: 066 789; A/c No: 10000 5575

Safeguarding Children & Vulnerable People:

<https://wagga.catholic.org.au/safeguarding-children-adults-at-risk/>

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Mass Times

SATURDAY VIGIL: 6.00 pm

SUNDAY: 9.30 am

Live-streaming on Sunday 9.30 am Mass by accessing our website

WEEKDAY MASSES: This Week:

Wednesday Only 9.30am

RECONCILIATION: SATURDAY: 5.15 PM-5.45 PM

BAPTISMS—By appointment.

CHILDRENS LITURGY:

Children's liturgy is offered in Sacred Heart parish community each second and fourth Sunday at 9.30am mass during school terms.



Project Compassion Story—Fourth Sunday of Lent

Memory's Story—Malawi

Growing up in the Mwanza district in southern Malawi, 26-year-old Memory was born to a lowincome family who relies on subsistence farming for survival.



Memory's parents struggled to pay for her school fees and supplies, and she often had to walk to school barefoot. As the eldest of five children, Memory also faced the challenge of balancing her education with domestic chores, such as farming, cooking, cleaning, and carrying water.

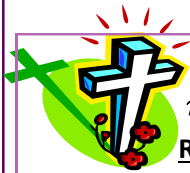
Despite the challenges she faced, Memory understood that education was her best chance of breaking the cycle of poverty, I told myself I can't stop going to school because this is the only way I can get a better life.

With the support of Caritas Australia and the Catholic Development Commission in Malawi (CADECOM) – Caritas Australia's local partner in Malawi – Memory enrolled in a technical college where she undertook a three-year carpentry course. Her tuition and boarding fees were partially funded by CADECOM through funds provided by Caritas Australia.

Memory now stands proudly as the first female carpenter from her village, working at one of Malawi's largest hydroelectric power stations. With the income from her job, she can now support her family while inspiring other young women in her community to finish their education and seize opportunities within male dominated industries.

"Being a female carpenter sets an example to others in my community," she said. "They see a woman can do what a man can do."

Parish Community



We pray for those who have gone before us marked with the sign of faith especially:

RECENTLY DECEASED: Liane Link, Ruth Shanahan, Robin Kosmak, Patrea Turton, Francis McFarland, Wilma Friedlieb.

ANNIVERSARIES: Raymond Lang, John Stiler, Patricia Corrigan, Margaret Creek, Mel Murphy, Bill Stirling, Herbert Koucky, Errol Edmonds, John Kane, Ivan Kruze, Nora Roche, Robin Drewe, Assunta Ravenna, William Toohey, Keith Appleton, Roy Toon, Adrian Shattock, Mina Bingham, Frank Kelly, Laurence Williams, Neville Bennett, Olga Howalczyk, Stella Sisley, Sylvester Graeber, Basil Harrington, Carl Vonthien, William Hayes, John King, Ida Murray, Irene Hunt, Joseph Amalfi, Nora Davern, Walter Kirley.
Gather our loved ones into your arms. Quiet our doubt and anger and send us your healing grace. Through Christ our Lord.



This week we welcome into the community of the Christian church through the sacrament of Baptism:

Reuben James Alexander Rennie
Son of Jack and Gemma

Theodore James Kevern
Son of Shaun and Bridgette

ROSTERS

Sat / Sun: 9th / 10 March		
Ministry	Vigil	9.30am
Commentator	Volunteer	Sr Carina Morton
Lector 1	Colleen Day	Liz Phegan
Lector 2	Paula Waters	Sr Patricia Weekes
Eucharistic Ministers	Michael Regan Kaye Deanshaw	Sue Betts Narelle Naughton Cathy Nyhan
Cantor Musicians	Judy Lindsay Judy Foley	Lachlan McIntyre Val Hayes
Counters: Anne Gordes & Lorraine Willis		

Sat / Sun: 16th / 17th March		
Ministry	Vigil	9.30am
Commentator	Justin Clancy	Cathy Nyhan
Lector 1	Catherine Cutler	Lorraine Willis
Lector 2	Michael Byrnes	Roy Thompson
Eucharistic Ministers	Pauline Mulquiney Anna Farrell	Mercedes Goss Carey Menz-Dowling Moira Porta
Cantor Musicians	Brian Waters/John van Lint Judy Foley	Lachlan McIntyre Val Hayes
Counters: Judy Warren & Michael Byrnes		

Thought for the Week (Pope Francis):

"Lent is a time of renewal for the whole Church, for each community and every believer. Above all it is a time of grace."

A LENTEN PRAYER

Fast from worry; feast on trusting God.
Fast from complaining; feast on appreciation.
Fast from hostility; feast on tenderness.
Fast from unrelenting pressures; feast on unceasing prayer.
Fast from judging others; feast on Christ dwelling in them.
Fast from fear of illness; feast on the healing power of God.
Fast from discontent; feast on gratitude.
Fast from anger; feast on patience.
Fast from pessimism; feast on optimism.
Fast from bitterness; feast on forgiveness.
Fast from self-concern; feast on compassion for others.
Fast from discouragement; feast on hope.
Fast from suspicion; feast on truth.
Fast from lethargy and apathy; feast on enthusiasm.
Fast from facts that depress; feast on truths that uplift.
Fast from gossip; feast on purposeful silence.
Fast from problems that overwhelm; feast on prayer that sustains.
Fast from thoughts that weaken; feast on promises that inspire.
Fast from apparent darkness; feast on the reality of light.
(Mother Teresa)



Parish News

Announcement: Retirement of Principal of St Anne's Primary School, North Albury

Below is a transcript of the email our parish community received from Dr Andrew Watson, Diocesan Director of Catholic Education last Wednesday.

I write to inform you that Mr Bede Hart has advised me of his intention to retire from the Principalship of St Anne's Primary School, North Albury effective from the end of Term 2 2024. CEDWW will now commence the recruitment process for a new Principal.

I would like to take this opportunity to extend my thanks and appreciation to Bede on his leadership of St Anne's Primary School over the past 15 years as Principal. During this time Bede has ensured the development of outstanding facilities and resources for the students of St Anne's, the continued strong enrolment growth of the school, the provision of an educational program that has ensured every child is able to achieve their very best and a wonderful reputation for St Anne's School across the Albury region.

Bede commenced his teaching career at St Michael's Primary School, Deniliquin and moved to Catholic Education Diocese of Wagga Wagga in 1980 as Principal of St Thomas Aquinas Primary School, Tarcutta. He was then appointed as Assistant Principal and then Principal of St Patrick's Primary School, Albury. After three years as Principal of St Peter's Primary School in Port Macquarie he returned to Albury as Principal of St Anne's Primary School in 2009. Bede also worked as an Education Consultant on a number of occasions at the CEDWW Office. I thank Bede for his long service to Catholic education and the leadership he has provided as Principal.

There will be opportunities before the end of Term 2 to appropriately farewell and acknowledge Bede's contribution to St Anne's over the past 15 years.

I will also keep the school community informed as to the progress of the attraction and recruitment process for the next Principal of St Anne's Primary School, North Albury.

PARISH BIBLE STUDY GROUP 2024

Bible study group continues this Wednesday 13 March in the parish hall at 7.00pm. All welcome to attend.

SACRED HEART PARISH PASTORAL COUNCIL

Membership 2024:

Fr Martin Cruickshank, Ed Brown (Chair), Marjorie Serbinek (Secretary), Lyn Hamilton (Secretary), Louise Fifield, Bede Hart (Principal, St Anne's), Sr Anne Hagan, Brian Waters, Narelle Naughton, Michael Regan, Joseph Kipper Gush Kipper, Cathy Nyhan, Susan McLaurin, Chris Wenke, Lorraine Willis, Adrian Mitchelhill, Carey Menz-Dowling.

Next meeting: **Thursday 4 April** in the Sacred Heart Parish Hall, 6.00pm.

If you have agenda items to be discussed at the upcoming meeting these need to be sent to the Minutes Secretary Marjorie Serbinek: m4serbinek@gmail.com by the Monday before the scheduled meeting.

INVITATION TO EXPERIENCE THE SACRAMENT OF CONFESSION

Bishop Mark Edwards has requested that a night of reconciliation be offered again in our larger parish Centre's this Lent. To this end the First Rite of Reconciliation (Individual Confession) will take place next Friday 15 March at St Patrick's church, central Albury from 6.00pm to 12 midnight. You are invited to come and take a chance on God and on the depths of His love for you!

CHOIR FOR EASTER CEREMONIES

Calling all choir members and other singers who may like to join our choir. There will be 2 practices: Friday 15 March @ 7pm and Wednesday 20 March @ 7pm. Contact Val Hayes on 0422 953 771. A third practice could be organised if needed.

CATHOLIC DEB BALL 2024

An invitation to anyone interested in information on this year's Catholic Deb, a really fun night for any Year 11 or Year 12 student (past and present). Debutantes, partners please bring a parent each.

Information Night—Monday 18 March @ 6.15pm in the Sacred Heart Church hall (will take about 1/2 hour).

Dates For Deb—Friday 28 June & Saturday 29 June 2024.

We are looking at running 2 nights depending on numbers. For further info please contact Tierre 0428 432 732 or Suzi 0418 607 350.

SACRED HEART FOOTY TIPPING COMPETITION

Never too late to join our Sacred Heart Footy Tipping Competition. If you missed the opening round no worries—you get home teams this year. Cost \$1 per round = \$24 all up. Round one (starts Thursday 14 March) - Carlton v Richmond; Collingwood v Sydney Swans; Essendon v Hawthorn; GWS v N Melbourne; Geelong v St Kilda; Gold Coast v Adelaide; Melbourne v W Bulldogs; Port A v West Coast; Fremantle v Brisbane Lions. If you get all **9** winners you get a bonus point. Email to: sacredheartna@gmail.com or place in Presbytery letter box. Footy fixtures & tipping sheets available at Swan Street entrance.

LENTEN DISCUSSION GROUP

Our Lenten discussion group takes place each Tuesday evening during the season of Lent in our parish hall at 7.00 pm. Once again we will be using the Wollongong resource which provides an opportunity for communal prayer and reflection. All welcome at any time.

PROJECT COMPASSION—Fourth Sunday of Lent

As the eldest child in a low-income farming family in rural Malawi, **Memory** faced many barriers to her education. But, with the support of Caritas Australia, she enrolled in a technical school and became the first female carpenter in her village. Please donate to Project Compassion.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow *for all future generations*. You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.

Liturgy of the Word

First Reading: Second Book of Chronicles

All the heads of the priesthood and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy. Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.' And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people may his God be with him! Let him go up." The word of the Lord.

Responsorial Psalm 136

(When the Psalm is sung, the words will vary slightly but the meaning remains the same.)

Response: *Let my tongue be silenced, if I ever forget you!*

By the rivers of Babylon,
there we sat and wept remembering Zion;
on the poplars that grew there
we hung up our harps. **R**

For it was there that they asked us,
our captors for songs, our oppressors for joy.
'Sing to us,' they said,
'one of Zion's songs.' **R**

O how could we sing
the song of the Lord on alien soil?
If I forget you Jerusalem,
let my right hand wither! **R**

O let my tongue cleave to my mouth
if I remember you not,
if I prize not Jerusalem
above all my joys! **R**

A reading from the letter of St Paul to the Ephesians

God loves us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

The word of the Lord.

Glory and praise to you Lord Jesus Christ!
God loved the world so much, he gave us his only Son,
that all who believe in him might have eternal life.
Glory and praise to you Lord Jesus Christ!

A reading from the holy Gospel according to John 3: 14-21

Jesus said to Nicodemus: The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he or she has refused to believe in the name of God's only Son.

On these grounds is sentence pronounced: that though the light has come into the world, men and women have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear their actions should be exposed; but the one who lives by the truth comes out into the light, so that it may be plainly seen that what that person does is done in God.

The Gospel of the Lord.