



*Sacred Heart Parish, North Albury, pays respect to the Wiradjuri people, the traditional custodians of the land on which we gather to celebrate our faith and worship God. We acknowledge with respect elders past, present and emerging.*

## *First Sunday of Lent 17/18 February 2024*

*Sacred Heart Parish is a Child Safe Community. We promote the safety, wellbeing and inclusion of all and a zero tolerance to child abuse.*

### **Parish Clergy:**

**Fr Martin Cruickshank**—Parish Priest

**Parish Office 9am-2pm**

**Gemma Whitehead**—Monday

**Fran Kernaghan**—Wednesday & Friday

**Phone:** 02 6025 1516

**Email:** [sacredheartna@gmail.com](mailto:sacredheartna@gmail.com)

**Web:** <http://sacredheartnorthalbury.com>

**Bank A/c Details for Parishioners** wishing to Direct Deposit into our **Church A/c (2nd Collect)**

**BSB:** 066 789; **A/c No:** 10000 5574;

**Ref No:** Name # Please contact Office for a number

**Presbytery A/c** **BSB:** 066 789; **A/c No:** 10000 5575

**Safeguarding Children & Vulnerable People:**

<https://wagga.catholic.org.au/safeguarding-children-adults-at-risk/>

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### **Mass Times**

**SATURDAY VIGIL:** 6.00 pm

**SUNDAY:** 9.30 am

**Live-streaming on Sunday 9.30 am Mass by**  
**accessing our website**

**WEEKDAY MASSES:** **This Week:**

**Wednesday & Friday** 9.30am

**Thursday:** St Anne's opening school mass 11.40am  
at St Anne's School Hall.

**RECONCILIATION:** SATURDAY: 5.15 PM-5.45 PM

**BAPTISMS**—By appointment.

### **CHILDRENS LITURGY:**

Children's liturgy is offered in Sacred Heart parish community each second and fourth Sunday at 9.30am mass during school terms.

## **First Sunday of Lent 17 & 18 February**

This year, Project Compassion brings you the stories of three resilient women from three different corners of the world. They are facing vastly different challenges, but are all united by one dream: to create a better tomorrow for all future generations.

Meet **Ronita** from the Philippines. Ronita is a mother of two young boys living in a slum in Quezon City. She went back to school to finish her education so that she could earn income to support her children.

Meet **Leaia** from Samoa. Not having access to a reliable source of clean water was very difficult for Leaia and her family. But, with the support of Caritas Australia, a water tank was installed at their home, improving their health and living conditions.

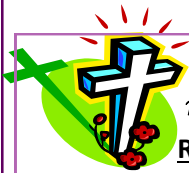
Meet **Memory** from Malawi. Memory, the eldest daughter from a rural Malawian family, trained to become a carpenter and is now a trailblazer for future generations of women in her village.

Throughout Project Compassion, you will get to know the stories of Ronita, Leaia and Memory. Journey with them as they forge a path to a brighter future for all generations.

**Please donate to Project Compassion.**



# Parish Community



*We pray for those who have gone before us marked with the sign of faith especially:*

**RECENTLY DECEASED:** Wilma Friedlieb, Angela Poole,

Florence Murphy, Lou Groenewegen, Wilga Jones, Norma Lawlor.

**ANNIVERSARIES:** Arthur & Pat Scott, George & Margaret Azzi, Angela Muntz, Margot Murray, Val Garland, Matthew Griffiths, Eileen James, Sr Jean Murray, Drago Hanzic, Colin Watson, Harry Bevan, John Evans, Jack Gilbert, John Drewe, Roy Mee, David Rodgers, Barney Frauenfelder, Kylie Evans, Michael Jones, Glen McConville, Aileen Sheahan, Peter Rothe, Matthew Hartwig, Eileen Duck, Maurice Higgins, William Shanahan, Rev R Donovan, Jack Lonergan.

*Gather our loved ones into your arms. Quiet our doubt and anger and send us your healing grace. Through Christ our Lord.*



*This week we welcome into the community of the Christian church through the sacrament of Baptism:*

**Grayson James Cullen**

*Son of Hollee Louise Cullen*

## ROSTERS

### Sat / Sun: 17th / 18th February

Ministry	Vigil	9.30am
<b>Commentator</b>	Justin Clancy	Bede Hart
<b>Lector 1</b>	Catherine Cutler	Mercedes Goss
<b>Lector 2</b>	Paula Waters	Lorraine Willis
<b>Eucharistic Ministers</b>	Pat Hopkins Anna Farrell	Carey Menz-Dowling Pamela McIntosh Narelle Naughton
<b>Cantor Musicians</b>	Judy Lindsay Judy Foley	Bernadette, Helen and Wendy

**Counters:** Richard & Trish Parkinson

### Sat / Sun: 24th / 25th February

Ministry	Vigil	9.30am
<b>Commentator</b>	Volunteer	Margy Brown
<b>Lector 1</b>	Catherine Cutler	Sr Carina Morton
<b>Lector 2</b>	Michael Byrnes	Kay Morrell
<b>Eucharistic Ministers</b>	Jeneice Harding Pauline Mulquiney	Trish Parkinson Sue McLaurin Fran Kernaghan
<b>Cantor Musicians</b>	Brian Waters/John van Lint Judy Foley	Bob Mathews Val Hayes

**Counters:** Diane & Greg Bartsch

## Prayer for Lent

Almighty and ever living God, you invite us deeper into your world and your people during this season of Lent.

May this time be one of outward focus;

seeking you in those we often ignore.

Help us live a Lent focused on freedom, generosity, and encounter.

Give us hearts to serve you and those who are in need.

This Lent may we pray for peace and justice in our world, and the end to conflict and acrimony. Make us witnesses of truth, justice and love.

Banish from all hearts whatever might endanger peace. Enlighten our rulers that they may guarantee and defend the great gift of peace.

May all peoples on the earth become as brothers and sisters.

May longed-for peace blossom forth and reign always over us all.

Amen'

## Thought for the Week ( Pope Francis):

“Lent invites us to conversion, to a change in mind-set, so that life’s truth and beauty may be found not so much in possessing as in giving, not so much in accumulating as in sharing and sowing goodness.”



# Parish News

## TO PONDER:

Jesus's call to "repent" and "believe" is at the heart of his preaching ministry and therefore the heart of Christian life, as we are reminded during the Lenten season. To "repent" is not just to be sorry for sin but to completely change our minds and lives. To "believe" is not just to assent with our minds but to trust with our whole selves. Our readings—and the voice of Jesus—urge us to change and to trust. What is holding you back from doing these things? What propels you forward?

## SACRED HEART PARISH PASTORAL COUNCIL

### Membership 2024:

Fr Martin Cruickshank, Ed Brown (Chair), Marjorie Serbinek (Secretary), Lyn Hamilton (Secretary), Louise Fifield, Bede Hart (Principal, St Anne's), Sr Anne Hagan, Brian Waters, Narelle Naughton, Michael Regan, Joseph Kipper Gush Kipper, Cathy Nyhan, Susan McLaurin, Chris Wenke, Lorraine Willis, Adrian Mitchelhill, Carey Menz-Dowling.

Meeting Dates: **Thursday 7 March; Thursday 4 April** in the Sacred Heart Parish Hall, 6.00pm.

If you have agenda items to be discussed at the upcoming meeting these need to be sent to the Minutes Secretary Marjorie Serbinek: [m4serbinek@gmail.com](mailto:m4serbinek@gmail.com) by the Monday before the scheduled meeting.

## We Need Your HELP!

An invitation to participate in the ministries of Reader / Commentator, Eucharistic Minister, Counter.

With the movement of people over the summer break we need to revise and update our liturgical ministries.

If you are able to offer your gifts as a reader / commentator, eucharistic minister or counter please add your name and contact to one or more of the lists provided.

If you are already on the list and are willing to continue in this roll you don't have to do anything. If for whatever reason you want your name removed please contact the parish office.

Reader / Commentator: Involved in setting the scene / prayers and proclaiming the liturgy of the word at both weekend masses (6.00pm & 9.30am). You can indicate your preference for time and ministry (reader/commentator).

Extra-ordinary Ministers of Eucharist: Involved at both masses for distribution of Eucharist. New ministers can be commissioned.

Counters: We are in urgent need of new counters for 1st & 2nd collections. Either Sunday morning after mass or Monday morning 9.00am in our parish office. 1/2 hour max.

If you are not currently on the roster for one of the above ministries and are able to contribute in this way please add your name to the lists at the Swan Street entrance. Remember if it is to be it is up to me!

## LENT 2024 WITH THE CATHOLIC GUY, BRUCE DOWNES

For 40 days you will receive a short, practical, and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here: <https://BruceDownes.org/Lent>

## ST. ANNE'S PRIMARY SCHOOL

Our opening school mass and commissioning of student leaders for 2024 will be held this Thursday 22 February at 11.40am in St Anne's School Hall.

A particular invitation to grandparents of our children. All welcome to attend.

## CONFIRMATION 2024

Bishop Mark Edwards will celebrate the sacrament of Confirmation in our parish community on Friday 14 June at 6.00pm in Sacred Heart Church.

Parents of catholic candidates not attending St Anne's Primary School (**Yr 6 & beyond**) are asked to contact our parish office by email or phone so that you can be informed of the process for preparation.

Parent / Student Reflection / Information evening Wednesday 3 April in St Anne's School Hall at 6.00pm.

## LENTEN DISCUSSION GROUP

Our Lenten discussion group takes place each Tuesday evening during the season of Lent in our parish hall at 7.00 pm. Once again we will be using the Wollongong resource which provides an opportunity for communal prayer and reflection. All welcome at any time.

## PARISH BIBLE STUDY GROUP 2024

Our parish bible group commences on Wednesday 28 February 2024 at 7.00pm in the hall and then continues every 2nd and 4th Wednesday of the month.

Our theme '*In the Footsteps of Jesus*' is narrated by author and pastor Max Lucado at different locations in Israel where Jesus walked. Thoughtful questions for reflection will follow the 20 minute video giving us a chance to share and fellowship. You are very welcome to join us. Contact Fran on 0408 268 518.

## PARISH ALPHA PROGRAM FOR 2024

We are seeking volunteers to join the Alpha team to plan and organize our Alpha program for 2024. This is a great way to meet others and share our gifts and talents to bring about another exciting Alpha program.

Please phone Fran on 0408 268 518.



This year, Project Compassion brings you the stories of three resilient women: Ronita from the Philippines, Leaia from Samoa and Memory from Malawi. While from three different corners of the world and facing vastly different challenges, they are all united by one dream: to create a better world *for all future generations*.



You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion) or by calling 1800 024 413.





# Liturgy of the Word

## First Reading: Book of Genesis

God spoke to Noah and his sons, 'See I establish my Covenant with you and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you; everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.' The word of the Lord.

## Responsorial Psalm 24

(When the Psalm is sung, the words will vary slightly but the meaning remains the same. )

**Response:** *Your ways, O Lord, are love and truth to those who keep your covenant.*

Lord. Make me know your ways.  
Lord, teach me your paths.  
Make me walk in your truth and teach me:  
for you are God my saviour. **R**

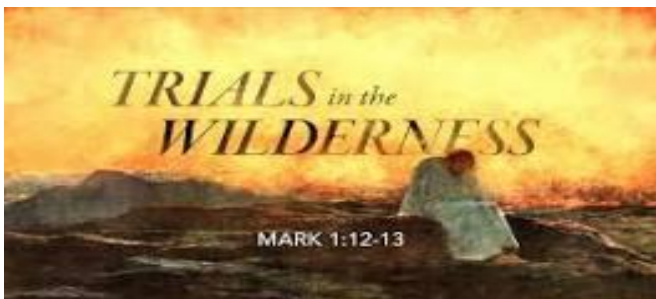
Remember your mercy, Lord,  
and the love you have shown from of old.  
In your love remember me,  
because of your goodness, O Lord. **R**

The Lord is good and upright.  
He shows the path to those who stray,  
he guides the humble in the right path;  
he teaches his way to the poor. **R**

## A reading from the first letter of St Peter

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life and in the spirit he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water' and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels of the Dominations and Powers his subjects.

The word of the Lord.



Praise to you, Lord Jesus Christ,  
king of endless glory!  
No one lives on bread alone, but on every  
word that comes from the mouth of God.  
Praise to you, Lord Jesus Christ,  
king of endless glory!

## A reading from the holy Gospel according to Mark 1: 12-15

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come', he said, 'and the kingdom of God is close at hand. Repent and believe the Good News.' The Gospel of the Lord.