



330 Swan Street
North Albury
NSW 2640
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www.sacredheartnorthalbury.com

Sacred Heart Parish

NORTH ALBURY

Sacred Heart Parish, North Albury, pays respect to the Wiradjuri people, the traditional custodians of the land on which we gather to celebrate our faith and worship God. We acknowledge with respect elders past, present and emerging.

Eighteenth Sunday in Ordinary Time *31st July / 11st August 2021*

Parish Clergy
Fr Martin Cruickshank Parish Priest

Parish Office
Fran Kernaghan—Wednesday, Friday
9.00 am – 2.00 pm
Phone: 60251516

Email: sacredheartna@gmail.com
Web: <http://sacredheartnorthalbury.com/>

Mass Times

SATURDAY VIGIL: 6.00 pm
SUNDAY: 9.30 am

Live streaming Sunday 9.30am by accessing our website.

WEEKDAY MASSES: This Week:
Wednesday & Friday 9.30am

RECONCILIATION
SATURDAY: 5.15 PM-5.45 PM

BAPTISMS—By appointment.
Preparation Course: 0411 883 661

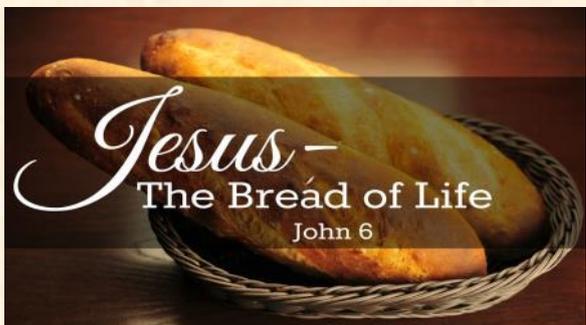


This is the first of several Sunday Gospels where we contemplate Jesus’s teaching on the bread of life. It follows last week’s account of the feeding of the five thousand.

The First Reading tells us of the hungry, grumbling Israelites in the desert and the gift of manna that God sends them. The Psalm echoes this event, ‘he gave them manna from heaven. Mere mortals ate the bread of angels’. The message of the Second Reading, following the sections from Ephesians, links in with the new way of life demanded when we follow the discipleship of Jesus.

In the Gospel, the crowd have been searching for Jesus, perhaps wanting more of the physical bread he has given them. Jesus’s teaching appeals to their deeper, spiritual hunger.

In our prayer this week, we can turn to God, knowing that, whatever the situation, he will always provide for his people. May it lead us also to a greater appreciation of the Eucharist.



Parish Community



We pray for those who have gone before us marked with the sign of faith especially:

RECENTLY DECEASED: Leo McInerney, Sr Mavis Hanlon, Reg I'Anson, Fr John Ware, Madge Mullen Ann Delarue, Sr Marie Harris, Mary Dodd, Kathryn McCormack, Stan Lechmere, Bill O'Keeffe.

ANNIVERSARIES: Frank Martin, Margaret Stout, William Angus, Alan Whitty, Jim Boadle, Ned Mulquiney, Beryl McPhee, Jacqueline Plant, Jack Parker, Peter Yensch, Cecil Webster, Bob & Clare Matthews, Jack Yensch, Billy Giovanetti, Jackie Bullock, Thelma Walsh, Mgrs Michael Lane, Patricia Steward, Violet McLaughlan, Elizabeth Jacobs, Charlie Kramer, Tom O'Brien, Samuel Mathews, Les Curtis, Wal Curtis.

Gather our loved ones into your arms. Quiet our doubt and anger and send us your healing grace. Through Christ our Lord.

Prayer for the Sick

We pray for all those who are sick. May they draw strength and healing from God's presence with them and from our prayers and thoughts for them. May they have peace in their hearts and know they are greatly loved by all. We offer our prayers believing that God's presence and power can do more than we can ever know. Amen

ROSTERS

Sat / Sun: 31st July / 1st August

Ministry	Vigil	9.30am
Commentator Lector 1 Lector 2	Sr Loretta Corrigan Michael Byrnes Volunteer	Roy Thompson Rom Hayes Sr Patricia Weekes
Eucharistic Ministers	Anna Farrell	Trish Parkinson
Cantor Musicians	Ann & Lachlan McIntyre Judy Foley	Bernadette & Wendy
Counters: Gordon Bryant & Laurie Moylan (Monday) Group 3		

Sat/Sun: 7th / 8th August

Ministry	Vigil	9.30am
Commentator Lector 1 Lector 2	Confirmation	Volunteer John Dowling Gavin Dykes
Eucharistic Ministers	Confirmation	Sue Betts
Cantor Musicians	Confirmation	
Counters: Jane Togher Group 4		

Prayer for Hope Sunday

Heavenly Father, on this day we pray for a sense of hope that will deepen our understanding of the value of life. Grant us this gift of hope that will lead us to a calm and joyful life. As Easter people, hope is at the heart of our lives to help us. We pray in this hope that we may serve as Jesus served, with love and compassion for those on the margins of society. Renew our minds with your call to bring hope to those in need. Refresh our hearts with your call to awaken to the needs of our community. Reignite our spirits with your call to renew hope in the minds of those we meet. O God, in whose image we all are made, give us hope that through the work of our hands, and with Jesus as our model, we may glorify you now and always. Amen.



*This weekend we welcome into the community of the Christian church through the sacrament of Baptism: **Norah Grace Andrew** daughter of Jack and Natalie.*

Thought for the Week (Pope Francis):

"We must restore hope to young people, help the old, be open to the future, spread love. Be poor among the poor. We need to include the excluded and preach peace. We will never be disillusioned or lose our way if we are guided by God."

Parish News

Updated COVID-19 Diocesan Protocols

If you are feeling unwell, have a cough or cold, sore throat or flu like symptoms please do not attend our physical gatherings as this puts others as well as yourself at risk. Our Sunday 9.30am celebration of the Eucharist continues to be live streamed.

This can be accessed by website:

<http://sacredheartnorthalbury.com/>

It makes our digital processing of attendees much easier if you use the QR code provided at all church entrances.

Otherwise, please continue to use the paper register provided or have your name and contact details ticked off by one of our parish welcomers.

Additional COVID-19 Protocols

As announced by the NSW government effective 26 June, 6.00pm 2021 until Friday 30 July 2021:

- Attendance at places of worship is limited to one person per four square metres.
- Physical distancing is to be practiced. People from different households are to remain 1.5m apart.
- Masks are to be worn in all indoor non-residential settings (ie churches).
- Singing by the congregation at indoor places of worship is not allowed.

The Sacrament of Confirmation

Due to ever changing Covid-19 protocols we need to adjust the schedule for the conferring of this final sacrament of initiation. Bishop Mark Edwards will celebrate this sacrament for candidates and their families on:

Friday 6 August at 6.00pm; Saturday 7 August at 6.00pm; Sunday 8 August at 11.00am at Sacred Heart Church. Each family will be limited to a maximum of 6 in attendance.

Therefore, if you are not directly connected to a candidate/family it would be best to avoid attending 6.00pm Mass on Saturday 7 August if at all possible.

Saturday Evening Masstimes in other Albury Parishes:
St Patrick's 5.00pm; Holy Spirit Lavington 6.00pm and Thurgoona 6.00pm.

The parish mass will remain undisturbed on Sunday 8 August at 9.30am.

Book Group

You are invited to join a **book group** to share, reflect & ponder on the message that Pope Francis in his Encyclical *Laudato Si'* calls our common home the earth.

To Brian Grogan SJ home means something at once far bigger and far, far smaller. In *Finding God in a Leaf* he thinks cosmically and mystically about the earth. Brian thinks of every leaf as a door opening into his home: his creation. Brian Grogan SJ is a well-known author and spiritual director.

Every 2nd & 4th Monday of the month.

Dates: 23 August, 13 & 27 Sept, 11 & 25 October.

Time: 2—3.30 pm at Sacred Heart Hall North Albury.

RSVP by 8 August to Catherine Cutler 0419 518 791 or cmmc4321@gmail.com

Pastoral Letter—Bishop Mark Edwards

The Catholic Bishops of NSW have decided that 1 August 2021 should be celebrated as “Hope” Sunday. Bishop Mark has written a Pastoral Letter addressing the Voluntary Assisted Dying Legislation (VAD) that is expected to be presented to the NSW state parliament in September. Hope is a coalition of groups and individuals who oppose the legislation of euthanasia and assisted dying and supports measures that will make euthanasia and assisted dying unthinkable. After reading and reflecting on the document Bishop Mark encourages you to contact your State Representative in the NSW Upper and Lower House to voice your opposition to any such legislation.

From Bishop Mark's Pastoral Letter:

‘The VAD lobby has adopted the concept that assisted suicide promotes ‘dying with dignity’. This is incorrect. The dignity of the human person requires an inexhaustible respect for the preciousness of EVERY human life, from conception till death. This respect for each individual does not prevent the removal of treatments no longer deemed to be beneficial, nor the activation of advanced care directives, such as a direction mad by a patient that they do not wish to be resuscitated in the case of deterioration.

Our opposition to VAD, comes from deep compassion for those who are suffering. The members of the medical profession who have raised concerns about VAD care deeply for those with whom they work. Many of us carry precious memories of having been with a loved one at the moment of their death and have experienced it as painful and yet profoundly human, to share that journey with them until the very end. Our love of neighbor embodies our respect for the sanctity of human life, from its beginning right until the end - this is how each one of us, made in the image and likeness of God, deserve to be treated. We want to accompany and surround the life of the weakest with the cloak of love and, in this case, through the very best of palliative care’. (P3—4)

Sacred Heart Parish—Annual General Meeting

Time: 6.00pm—7.30pm

Date: Thursday 5 August 2021

Venue: Parish Hall

Guest Speaker: David Clancy—Director of Emergency and Intensive Care Services.

Light Supper follows AGM.

All welcome but numbers limited due to COVID-19

Please phone 6025 1516 or email sacredheartna@gmail.com if you intend to come or add your name to the attendance sheets located at each of the church entrances.

‘Together’ in the Diocese of Wagga Wagga

The July edition of ‘Together’ has arrived. On page 13 you will find an article on Family groups in our parish. Other articles include: The Plenary Council (P3,6) Motu proprio of Pope Francis signaling the phasing out of the practice of the Traditional Latin Mass in the Catholic Church (P5) Palliative Care—Lost in the Voluntary Assisted Dying Debate (P8-9) Archbishop Anthony Fisher on VAD (P16) Spirituality Day for Women (P15).

Liturgy of the Word

First reading : Exodus 16: 2–4, 12–15

The whole community of the sons of Israel complained against Moses and Aaron and said, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion. I propose to test them in this way to see whether they will follow my law or not. I have heard their complaints. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When it lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That', said Moses to them, 'is the bread the Lord gives you to eat.' The word of the Lord

Responsorial Psalm 77

(When the Psalm is sung, the words will vary slightly but the meaning remains the same.)

Response: The Lord gave them bread from heaven

The things we have heard and understood,
the things our fathers have told us,
we will tell to the next generation:
the glories of the Lord and his might. **R**

He commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven. **R**

Mere men ate the bread of angels.
He sent then abundance of food.
He brought them to his holy land,
to the mountains which his right hand had won. **R**

A reading from the Letter of St Paul to the Ephesians 4: 17, 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

Gospel Acclamation:

Alleluia, alleluia!
No one lives on bread alone,
but on every word that comes from the mouth of God.
Alleluia!

A reading from the holy Gospel according to John 6: 24-35

When the people saw that neither Jesus nor his disciples were there they crossed to Capernaum to look for him. They said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but for food that endures to eternal life, the kind the Son of Man is offering you, for on him the Father, God himself, has set his seal.

They said, 'What must we do if we are to do the works that God wants?' Jesus answered, 'This is working for God: you must believe in the one he sent'. So, they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert.; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you solemnly it was not Moses who gave you bread from heaven but my Father who gives you bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world'. 'Sir,' they said, 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.' The Gospel of the Lord.