



Fifth Sunday in Ordinary Time *6th / 7th February 2021*

Parish Clergy

Fr Martin Cruickshank

Parish Office

Gemma Whitehead—Monday

Fran Kernaghan—Wednesday, Friday

9.00 am – 2.00 pm

Phone: 60251516

Email: sacredheartna@gmail.com

Web: <http://sacredheartnorthalbury.com/>

Mass Times

SATURDAY VIGIL: 6.00 pm

SUNDAY: 9.30 am

WEEKDAY MASSES: This Week:

Wednesday & Friday 9.30am

Thursday 11.00am—Mass of thanksgiving
for life of Myles Borg, son of Lyn & Charles.
All welcome

RECONCILIATION

SATURDAY: 5.15 PM-5.45 PM

BAPTISMS—By appointment.

Preparation Course: 0411 883 661



This Sunday, the readings encourage us to look more deeply into the experience of human suffering. It is only through Christ that our pain and despair can and will be transformed. Just like the people in today's **Gospel**, we are all longing for Christ.

In the **First Reading**, Job expresses despair and other sentiments. All of us can perhaps relate to these as we live through the impact of this global pandemic.

The **Psalms** is like an antidote to the words of loss cried out by Job. It speaks of healing for broken hearts and minds; of wounds being bound and tended by our loving God, whose wisdom extends across a universe that he knows and loves intimately.

In the **Second Reading**, Paul writes of how his own experience of Christ impels him to share the Good News with as many people as possible.

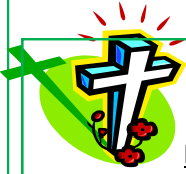
The Gospel continues from last week, describing the early days of Jesus's ministry in Galilee. After praying with the synagogue community, Jesus responds to the needs of human suffering that he sees all around him. He heals and brings comfort to the sick and struggling. We see how important prayer is to Jesus – and how he wants to reach out to as many people as possible, rather than becoming settled with one community.

This week, let us pray for the grace to respond with wisdom and compassion to the suffering and needy of our own time. May prayer be at the centre of our lives as we seek the Lord, the One who heals and transforms all things with eternal divine love.

PRAYER LIFE OF JESUS
MARK 1:29-39



Parish Community



We pray for those who have gone before us marked with the sign of faith especially:

RECENTLY DECEASED: Myles Borg, Brian Rolfe, Frank Dunn Harry Struck, Mark Harrington, Kath Duck, Bill Freestone, Grace Margaret Mackie.

ANNIVERSARIES: Sr Pat Osborne, Alice Frauenfelder, Kath Dowling, Alan Gray, Sadie Berkley, Michael Bourke, George Dalahunty, Sr Patricia Marcella, Sr Carmella Nesbitt, Les Bingham, Arthur Campbell, Shirley Pantling, Max Butts, Fr Jim Clarke, Herbert O'Callaghan, Peter Urosevic, Edith Ryan, John Gogoll, John Powell, Bill Gibbs, Richard Noel Hickey.

Gather our loved ones into your arms. Quiet our doubt and anger and send us your healing grace. Through Christ our Lord.

Prayer for the Sick

We pray for all those who are sick. May they draw strength and healing from God's presence with them and from our prayers and thoughts for them. May they have peace in their hearts and know they are greatly loved by all. We offer our prayers believing that God's presence and power can do more than we can ever know. Amen

Sat / Sun 13th & 14th February

Ministry	Vigil	9.30am
Commentator	Justin Clancy	Richard Parkinson
Lector 1	Michael Byrnes	Ed & Margy Brown
Lector 2	Adrian Mitchelhill	
Eucharistic Ministers	Anna Farrell	Noelene Cruise
Cantor	John Van Lint	Bob Mathews
Musicians	Catherine Cutler	Val Hayes
Counters: Lachlan McIntyre & Wendy McFerran (Sunday) Group 1		

Sat / Sun 20th & 21st February

Ministry	Vigil	9.30am
Commentator	Sr Carina Morton	Roy Thompson
Lector 1	Justin Clancy	John Dowling
Lector 2	Paula Waters	Gavin Dykes
Eucharistic Ministers	Jeneice Harding	Sue Betts
Cantor	Catherine & Judy	Simon Goss
Musicians	Judy Foley	Val Hayes
Counters: Carey Menz-Dowling & John Dowling (Sunday) Group 2		

Thought for the Week (Pope Francis):

"I see clearly that the thing the church needs most today is the ability to heal wounds and to warm the hearts of the faithful; it needs nearness, proximity."

Prayer for our Bishop

God, eternal shepherd, you tend your Church in many ways and rule us with love. You have chosen your servant, Bishop Mark to be a shepherd of your flock.

Guide this shepherd you have chosen to lead us. Give him the grace of your Spirit so that he may bring us to you in the footsteps of Jesus our Lord.

Give him a spirit of courage and right judgment, a spirit of knowledge and love. By governing with fidelity those entrusted to his care, may he lead all to go forth with joy and hope.

We ask this through Jesus Christ our Lord. Amen.

Parish News

Visitation of Bishop Mark Edwards

We welcome Bishop Mark Edwards to our parish and school communities.

Bishop Mark has expressed his desire to meet parishioners in a social context. Therefore, a meal will be shared at the conclusion of our celebration of Eucharist on Sat 6 February and morning tea at the end of mass on Sun 7 February. Both gatherings will be held in Sacred Heart Hall. Let us continue to pray for Bishop Mark. May his pastoral leadership encapsulate some of the qualities expressed by Pope Francis.

Role of a Bishop—Pope Francis

“We need someone who looks upon us with the breadth of the heart of God.

May bishops be shepherds, close to the people; fathers and brothers. May they be gentle, patient and merciful; may they love poverty, interior poverty, as freedom for the Lord, and exterior poverty, as well as simplicity and a modest lifestyle; may they not have the mindset of ‘princes’. Be careful that they are not ambitious, that they are not in quest of the episcopate, that they are espoused to the Church. May they be overseers of the flock that has been entrusted to them, to take care of everything that is needed to keep it united.

The bishop must always foster a missionary communion in his diocesan Church, following the ideal of the first Christian communities, in which the believers were of one heart and one soul (cf. Acts 4:32). To do so, he will sometimes go before his people, pointing the way and keeping their hope vibrant. “

Continuing COVID-19 protocols Re: Recording Church Attendance

In line with current state government requirements QR Codes are available at all the church entrances. Please use the NSW Govt model available on your phone. For those without an electronic device we will continue to use the manual way of recording the required information.

Please ensure that each time you attend a church service the necessary attendance requirements are recorded.

UPDATED COVID-19 DIOCESAN PROTOCOLS

If you are feeling unwell, have a cough or cold, sore throat or flu like symptoms please do not attend our physical gatherings as this puts others as well as yourself at risk.

After having your name registered or ticked off please use the hand sanitiser located at the four entrance points of the church at the beginning of our liturgical celebration and as you leave the church building.

Communion will begin with those on the car park side and then move to those seated on the Swan Street side. Please allow space between each recipient.

Lenten Discussion Groups

The Season of Lent begins with the commemoration of Ash Wednesday on February 17.

Once again it is our intention to hold Lenten Discussion groups on Tuesday and Thursday evenings in our Parish Hall from 7.00pm. Please indicate your intention to participate in one of the groups by signing the sheet at the Swan Street entrance or by email so that we can order the required materials. If anyone is interested in a group meeting for discussion in their home please contact the parish office.

It's All About Hope—is a modern Lenten program that takes us through the six weeks of Lent.

This year, author Chris Monaghan explores the theme of ‘Hope’, using prayer, a careful selection of readings, reflection and his own stunning personal photography. *It's All About Hope* presents each week of Lent in its own colour-coded section for ease of use, with a list of questions that encourages discussion, and invites the reader to reflect further.

Return of the Roster System Commentators/Lectors/Eucharistic Ministers/ Counters Needed

Thanks to those who have volunteered to participate in the counting of the second collection. We currently have 21 names which means that the commitment can be well spread.

Volunteer counters will receive a roster and a counting for Dumbies worksheet.

If you wish to participate in our liturgy as a Lector / Eucharistic Minister please add your name to the list at the Swan Street entrance.

Men's Breakfast—February 13th (2nd Sat of month)

Held at St James Hall, Lavington. Open 7.45am for 8.00am Grace. Speaker: John Keogh—testimony.

Please observe any current Covid-19 regulations.

If you would like to volunteer to help with set-up, cooking or cleaning up please phone Bruce 0427 706 756 to put you name for preference of duties.

Sacred Heart Bank Account for Parishioner Deposits

Church Account Second Collection

Pays insurance and utility accounts. Covers all maintenance and pastoral/liturgical activities expenses.

Internet Transfer

Account Name: Sacred Heart North Albury Church Account

BSB: 066-789; **Account Number:** 100005574

Description: Surname & Envelop or Planned Giving Number

Presbytery Account First Collection

Pays for household expenses and Priest's Stipends.

Internet Transfer

Account Name: Sacred Heart North Albury Presbytery Account

BSB: 066-789; **Account Number:** 100005575

Description: Surname

Liturgy of the Word

First reading Job 7: 1-4,6-7

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind.

Remember that my life is but a breath, and that my eyes will never again see joy.

The Word of the Lord.

Responsorial Psalm 146:1-6

Praise the Lord who heals the broken-hearted.

Praise the Lord for he is good;
Sing to our God for he is loving:
to him our praise is due. **R**

The Lord builds up Jerusalem;
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up their wounds,
He fixes the number of stars;
he calls each one by its name. **R**

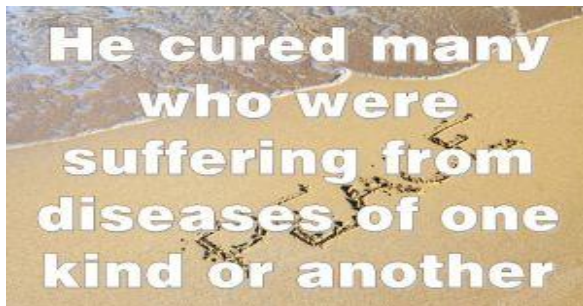
Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
He humbles the wicked to the dust. **R**

A reading from the first letter of the St Paul to the Corinthians 9:16-19, 22-23

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all people in order to save some at any cost; and I still do this for the sake of the gospel, to have a share in its blessing

The Word of the Lord.



Gospel Acclamation:

Alleluia , alleluia!
He bore our sickness,
and endured our suffering.
Alleluia!

A reading from the holy Gospel according to Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straight away. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

The Gospel of the Lord