



Second Sunday of Lent

7th March / 8th March 2020

Parish Clergy

Fr Martin Cruickshank

Parish Office

Gemma Whitehead—Monday

Fran Kernaghan—Wednesday, Friday

9.00 am – 2.00 pm

Phone: 60251516

Email: sacredheartna@gmail.com

Web: <http://sacredheartnorthalbury.com/>

Mass Times

SATURDAY VIGIL: 6.00 pm

SUNDAY: 9.30 am

WEEKDAY MASSES: This Week:

Wednesday & Friday 9.30am

RECONCILIATION

SATURDAY: 5.15 PM-5.45 PM

BAPTISMS—By appointment.

Preparation Course: 0411 883 661

Easter Ceremonies—Choir Practice

Practice for our Easter Ceremonies will begin Wednesday 18th March at 7.00pm. We encourage anyone who would like to join our choir. You will be most welcome. Phone Val 6025 5904.

Diocesan Protocols

RE: The CoronaVirus (COVID-19)

Archbishop Christopher Prowse has received advice from medical experts that we should employ best practice and be prudent in trying to help reduce the transmission of the *CoronaVirus (COVID-19)*.

Upon reception of this letter, all communities, parishes, schools, hospitals, etc. are asked to observe the following **protocols**, with appropriate instructions given to the faithful, until further notice:

1. Remove Holy Water from fonts.
2. Ask the faithful to acknowledge each other at the sign of peace, but refrain from touching.
3. Priests, Deacons, Acolytes and Extraordinary Ministers of Holy Communion to use hand sanitiser **before** distributing Holy Communion and **after** distributing Holy Communion at Mass, Liturgy of the Word's with Holy Communion, Visits to the sick in Hospital and Home. When taking communion to the sick / homebound it would be best practice to wash your hands thoroughly with soap / water before and after.
4. Instruct the faithful that Holy Communion should be received only in the hand, **not** on the tongue.
5. Distribute the Sacred Host only and **not** the Precious Blood.

Parish Community



We pray for those who have gone before us marked with the sign of faith especially:

RECENTLY DECEASED: Peter Gill, Gwen Fenwick, Philip Rolfe, Wayne Edwards, Pat Scott, Fr Frank Bell, Trish Morrish, Brett Hammond, Maureen Stirling.

ANNIVERSARIES: Pat Hagan, Margaret Creek, Mel Murphy, Errol Edmonds, Juanita Jervis, Nora Roche, William Toohey, Keith Appleton Roy Toon, Mina Bingham, Fr Tony Fitzgerald, Laurence Williams, Frank Kelly, Neville Bennett, Olga Howalczyk, Basil Harrington, Colin & Dianne Surridge, Carl Vonthien, John King, Ida Murray, Joseph Amalfi, Nora Davern, Ned McSweeney, Bob Trebley, Terry Conway.

Gather our loved ones into your arms. Quiet our doubt and anger and send us your healing grace. Through Christ our Lord.

Prayer for the Sick

We pray for all those who are sick. May they draw strength and healing from God's presence with them and from our prayers and thoughts for them.

May they have peace in their hearts and know they are greatly loved by all.

We offer our prayers believing that God's presence and power can do more than we can ever know. Amen

ROSTERS

Sat / Sun: 7th / 8th March

Ministry	Vigil	9.30am
Commentator	Brian Waters	Richard Parkinson
Lector 1	Paula Waters	Jane Murtagh
Lector 2	Anthony Foley	Wendy McFerran
Eucharistic Ministers	Kaye & Jim Deanshaw Lyn Hamilton	MACE Sisters Gemma Whitehead Marjorie Serbinek
Cantor Musicians	Margy & Ed Brown Judy Foley	Simon Goss
Counters: Michael Byrnes		

Sat /Sun: 14th /15th March

Ministry	Vigil	9.30am
Commentator	Justin Clancy	Leanne Michael
Lector 1	Nano Clancy	Lorraine Willis
Lector 2	Virginia Mitsch	Roy Thompson
Eucharistic Ministers	Judy Lindsay Pauline Mulquiney Michael Regan	Carmel Butts Sue Betts Marisa Hart
Cantor Musicians	John Van Lint Judy Foley	Bernadette & Wendy
Counters: Nardia Scarvell & Liz Simon		

Project Compassion 2020

Prayer

God of all peoples and nations,

As you accompany us on our Lenten journey,

May our fasting strengthen our commitment to live in solidarity,

Our almsgiving be an act of justice,

And our prayers anchor us in love and compassion.

Awaken our hearts and minds that we may be one human family

As we all go further together.

We ask this in Jesus' name,
Amen

A Thought for the Week (Pope Francis):

“ Jesus’ Pasch is not a past event; rather, through the power of the Holy Spirit it is ever present, enabling us to see and touch with faith the flesh of Christ in those who suffer”.

Parish News

Project Compassion 2020

This year Project Compassion focuses on the theme based around hope of encouraging everyone to 'Go Further, Together' and each week a new story highlights the issues being faced in that country and how Caritas Australia is working together with vulnerable people, empowering them to develop their strengths and create change in their own communities.

This week's story situated on the back of the newsletter concerns twenty seven year old Phany from Cambodia a struggling farmer who was forced to leave her daughter to take up construction work in the city. Her life has been transformed since joining a Caritas supported program learning crop growing skills and better water management to combat drought.

Project Compassion boxes/envelopes are available for collection at the church entrances or phone **1800 024 413** or go to: www.caritas.org.au/projectcompassion

Swing In Motion Dance Lessons

Beginning in Sacred Heart Church Hall, Mate Street, North Albury on Monday 2 March. This is a great family event suitable for all ages.

Classes will run each Monday from 7pm—10pm. We encourage you to wear comfortable, flat and non-grip shoes. Cost \$10 first session or \$15 for 3 sessions. Phone George on 0466 099 997 for enquiries.

Alpha Programme

The Alpha programme will be conducted in our parish from the beginning of May. In preparation a time of prayer will be held on Wednesday's after Mass for 1/2 hour (10.00am—10.30am during the Lenten season). This includes exposition and adoration of the blessed sacrament.

Prayer Intention: That God's spirit will guide and open the hearts of our parish community as it prepares to welcome the Alpha programme.

For further details about Alpha please contact Michael Regan 0419 982 574 or Fran Kernaghan 0408 268 518.

Volunteer Pastoral Care Training Opportunity

This Spiritual Care Series is for those with a pastoral heart to provide social, emotional and spiritual support for older people residing in Fresh Hope Care facilities—Borella House in Albury.

The program is nationally recognised and will run over 9 weeks (2 hours per week). NO COST.

Course commences March 17th at the River Community Church David Street, Albury. Please contact Colleen Day on colleen.day@freshhopecare.org.au or phone **0447 664 608**.

Sacred Heart Footy Tipping Competition

AFL Round 1 begins Thursday 19 March—I can hardly wait! Our revamped and revitalised Footy Tipping Comp is ready to spring into action and cost \$1 a round. Please register your interest by contacting the parish office by phone/email or by adding your name to the sheet located at the Swan Street entrance. The draw is also now available next to sign up sheet.

Lenten Groups & Prayer Cards

This year we are using the Archdiocese of Brisbane programme titled 'Be Opened—A Journey To New Life'! Gatherings continue on Tuesday & Thursday evenings at 7.00pm in the Parish Hall. You are invited to come along and join in this time of reflection / discussion as you are able.

Each week a different **prayer card** will be made available with a visual focus and a written response. They are also available for collection on the offertory table and on the Lenten table at the front of the altar.

Parish Morning Tea

Thanks extended to the Deanshaw family group for helping with the provision of last Sunday's morning tea at the conclusion of our celebration of Eucharist. The staff and community of St Anne's have generously volunteered to cater for morning tea on Sunday 5 April. Please disregard the information contained on coloured paper which appeared in some pews. The information was always meant to be an invitation not an instruction. However, it is unfortunate if some people felt anxious or pressured to respond.

A new roster has been prepared. If you or a group of parishioners are able to help out with the provision of morning tea please add your names where a vacancy remains.

Mercy Health Albury—Palliative Care Volunteers

Palliative care aims to empower people with information and education that will enable them to decide the supports that best suit their situation. Volunteer Support Workers do play an integral part in this care role and because of their life and learned skills, they are able to offer such things as friendship, companionship, respite and time which is not always available. Volunteers are chosen for their warmth & understanding, emotional maturity, acceptance of others and ability to respect confidentiality.

They offer up to 4 hours a week to the person/family or role assigned to. Volunteers come from all walks of life, male/female, young/mature age, and have varied paid and unpaid work backgrounds. The volunteers are as unique as the people they are matched to support, making each placement special. Mercy Health Palliative Care is about to conduct interviews for potential new Volunteers to join its team. Successful applicants would then participate in a six day training program which would commence at the end of March 2020.

For further enquiries, please contact Mrs Louisa Thompson (Support/Volunteer Coordinator) on phone: **02 6042 1458** or email: louisa.thompson@mercy.com.au

Fundraiser—Defibrillator for St Patricks Parish

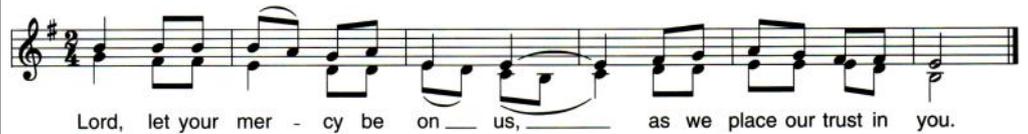
A private screening of the recently released movie 'A Hidden Life' will be shown at the Regent Cinema on Friday 13 March at 6.15pm. Tickets \$20 by calling Louise McManus on 0424 848 473

Liturgy of the Word

Second Sunday of Lent—Year A

Readings: Gen 12:1-4; 3:1-7; 2 Tim 1: 8-10; Matt 17: 1-9

Responsorial Psalm:



Lord, let your mercy be on us, as we place our trust in you.

Gospel Acclamation:

Glory and praise to you, Lord Jesus Christ!
From the shining cloud the Father's voice is heard:
this is my beloved Son hear him.
Glory and praise to you, Lord Jesus Christ!

Project Compassion Stories— PHANY, CAMBODIA

Twenty-seven-year-old Phany, lives in a village in western Cambodia. Struggling to earn a living as a rice farmer, she was forced to leave her daughter behind in the village, to take up construction work in the city.

Then in 2016, Phany joined a Caritas supported program, learning more productive farming and irrigation techniques. Her community learned to work together for better water management, to combat drought. Over 70 percent of Cambodia's population live in rural communities – and farming families living in poverty are the most food insecure. Thirteen percent of Cambodians live below the poverty line, while 35 out of every 1000 babies die due to malnutrition.

In 2016, Phany joined the Upholding Community Dignity Together program, where she learnt new farming techniques, such as a drip irrigation system which enabled her to get a better yield from her vegetable crops and to conserve water for drier periods. She also learnt how to grow vegetables and raise chickens and ducks. Phany's community also took part in training in health, nutrition, hygiene and disaster preparedness, arming them with better strategies to cope with environmental changes.

We pray for all those around the world who rely on farming to sustain their families. May we work as one human family to promote ecologically sound agricultural practices. We pray for grace to overcome our blindness and see with clarity our responsibility for others.



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